

# Avomine 25mg Tablets



**Category**  
Sleep and Travel  
**Manufacturer**  
MANX HEALTHCARE  
**Pack size**  
10, 28  
**RRP**  
£2.45, £6.20  
**Legal Status**  
(P), (P)



## Uses

Prevention and relief of travel sickness and general nausea and vomiting. For vertigo due to Meniere's syndrome, labyrinthitis and other causes.



## Format and Ingredients

Tablet marked 'avomine' on one side and scored on the other containing:

Promethazine Teoclate 25mg,



## Dosage

Adults: Prevention of travel sickness on long journeys: 1 tablet to be taken each night at bedtime starting on the night before travel. Prevention of travel sickness on short journeys: 1 tablet taken one or two hours before travel. Treatment of travel sickness: 1 tablet as soon as sickness is felt followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, more frequently twice or three times daily if required. Maximum 4 tablets in 24 hours. Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Not recommended under 5 years.