

# Deep Heat Heat Rub

**Category**

Analgesics

**Manufacturer**

MENTHOLATUM  
COMPANY LTD, THE

**Pack size**

35g , 67g, 100g

**RRP**

£2.59, £3.89, £5.19

**Legal Status**

(GSL), (GSL), (GSL)

**Uses**

Symptomatic relief of muscular pains and stiffness including backache, sciatica, lumbago, fibrositis, rheumatic pain, chilblains, bruises and sprains including those caused by minor sports injuries.

**Format and Ingredients**

White cream containing:

Methyl Salicylate 12.8% w/w, Menthol 5.91% w/w, Eucalyptus Oil 1.97% w/w, Turpentine Oil 1.47% w/w,

**Dosage**

Adults and children over 5 years: massage a thin layer into the affected area 2-3 times daily. Can be used before or after exercise.

Under 5 years: not recommended.