

# Counter Intelligence



The training guide for pharmacy assistants



# Voke 0.45mg Inhaler

### **Uses**

Relieves and/or prevents craving and nicotine withdrawal symptoms associated with tobacco dependence. It is indicated to aid smokers wishing to quit or reduce prior to quitting, to assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. Indicated in pregnant and lactating women making a quit attempt.

## Dosage

Over 18 years of age: use whenever the urge to smoke is felt or to prevent cravings in situations where these are likely to occur. Maximum daily dose is 2 packs. Smokers willing or able to stop smoking immediately should initially replace all their cigarettes with the Inhaler and as soon as they are able, reduce the number of charges used until they have stopped completely. Smokers aiming to reduce cigarettes should use the Inhaler, as needed, between smoking episodes to prolong smoke-free intervals and with the intention to reduce smoking as much as possible. As soon as they are ready, smokers should aim to quit smoking completely. When making a quit attempt, behavioural therapy, advice and support will normally improve the success rate. Those who have quit smoking but are having difficulty discontinuing their Inhaler are recommended to contact their pharmacist or doctor for advice. Each pack provides approximately 20 charges of the stick device. Each charge contains approximately 0.45mg nicotine, equivalent to a delivered dose of 0.43mg nicotine, except for the first charge, which delivers less than 0.43mg (range 0.10-0.30mg) due to stick design.

# Format and Ingredients

Pack containing: Nicotine 9mg,

Category: **Smoking Cessation**  Pack size: Pack (approximately 20 charges)

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