

# Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Orange Flavour Liquid



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

P&G HEALTH

## Pack size

150ml, 300ml

## RRP

£4.62, £7.84

## Legal Status

,



## Uses



## Format and Ingredients and %NRV

Liquid containing in 10ml:

Cod liver oil and fish oil 2.9g, Omega-3 Nutrients 650mg, Of which EPA 195mg, DHA 305mg, Vitamin C 50mg 63, Vitamin D 6µg 100,



## Dosage

Adults and children over 3 years: two 5ml teaspoonsful daily.