

# Nelsons Arnicare Arnica Cream



**Category**  
Analgesics  
**Manufacturer**  
A NELSON & CO LTD  
**Pack size**  
30g, 50g  
**RRP**  
£5.50, £7.50  
**Legal Status**

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## Uses

A homeopathic medicinal product used within the homeopathic tradition for the symptomatic relief of bruises



## Format and Ingredients

Cream containing in 1g:  
Arnica mother tincture (Arnica montana L.) (1:10),



## Dosage

Adults, the elderly and children: apply to the affected area 4 times a day as required.