

# Kalms Rhodiola Tablets



## Category

Sleep and Travel

## Manufacturer

G R LANE HEALTH  
PRODUCTS

## Pack size

20

## RRP

£9.99

## Legal Status

(GSL)



## Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, such as fatigue, exhaustion and mild anxiety. Based on traditional use only.



## Format and Ingredients

Tablet containing:

Rhodiola Rosea Root Extract 200mg (Rhodiola rosea L. rhizome and root),



## Dosage

Over 18 years: 1 tablet twice a day, one before breakfast and one before lunch. Under 18 years: not suitable.