

# Bio-Kult Advanced Multi-strain Formulation



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
ADM PROTEXIN  
**Pack size**  
30, 60, 120  
**RRP**  
£9.48, £17.40, £34.37  
**Legal Status**  
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## Uses



## Format and Ingredients

Capsule containing:  
  
Lactobacillus casei PXN 37, Lactobacillus plantarum PXN 47, Lactobacillus rhamnosus PXN 54, Bacillus subtilis PXN 21, Bifidobacterium bifidum PXN 23, Bifidobacterium breve PXN 25, Bifidobacterium longum PXN 30, Lactobacillus acidophilus PXN 35, Lactococcus lactis ssp. lactis PXN 63, Streptococcus thermophilus PXN 66, Bifidobacterium infantis PXN 27, Lactobacillus delbrueckii ssp. Bulgaricus PXN 39, Lactobacillus helveticus PXN 45, Lactobacillus salivarius PXN 57,



## Dosage

Adults 1-2 capsules once or twice daily with food. If taking 2 or more capsules the dose may be split between meals. If taking antibiotics, take four capsules daily, ideally at a different time of the day to the antibiotics. Continue taking for at least 2 weeks after completion of the antibiotic course. Travellers: follow guidelines for general use for 2 weeks before travel then 4 capsules daily during travel and for at least 2 weeks after. Children 3-12 years: half to 1 capsule once or twice daily with food.