# Spatone Iron-Rich Water Natural



### Category

**Legal Status** 

Vitamins, Minerals and **Nutritionals** Manufacturer A NELSON & CO LTD Pack size 14 sachets, 28 sachets RRP £7.49, £12.49

Uses

Daily iron supplement.



## **Format and Ingredients**

Sachet containing:

Natural Iron-Rich Water,



### Dosage

Best taken with a juice high in vitamin C separate from other food or drink. Adults and children over 2 years: 1 sachet daily. Pregnant women: 2 sachets daily.

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