

# Spatone Iron-Rich Water + Vitamin C



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
A NELSON & CO LTD  
**Pack size**  
14 sachets, 28 sachets  
**RRP**  
£7.99, £12.49  
**Legal Status**  
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## Uses

Daily iron supplement with an apple flavour.



## Format and Ingredients

Sachet containing:

Natural Iron-Rich Water, Apple Juice Concentrate, Vitamin C (ascorbic acid),



## Dosage

Can be taken directly from the sachet. Adults and children over 2 years: 1 sachet daily. Pregnant women: 2 sachets daily.