

# Nelsons Arnicare Arnica Cooling Gel



**Category**  
Analgesics  
**Manufacturer**  
A NELSON & CO LTD  
**Pack size**  
30g  
**RRP**  
£5.50  
**Legal Status**



## Uses

To cool and soothe the skin.



## Format and Ingredients

Gel comprising:  
Arnica montana flower extract, Natural grapefruit oil, Menthol,



## Dosage

Apply liberally, gently massaging the gel into the appropriate area. Re-apply as often as required, a minimum of twice daily. Suitable for all the family.