

Kalms Lavender One-A-Day

**Category**

Sleep and Travel

Manufacturer

G R LANE HEALTH
PRODUCTS

Pack size

14

RRP

£7.16

Legal Status

(GSL)

**Uses**

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness. Based on traditional use only.

**Format and Ingredients**

Violet soft capsule containing:

Lavender oil (*Lavandula angustifolia* Miller, aetheroleum)
80mg,

**Dosage**

Over 18 years: 1 capsule daily with water.
Under 18 years: not suitable.