

# Counter Intelligence PLUS | 2025



The training guide for pharmacy assistants



## Kalms Lavender One-A-Day

#### **Uses**

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness. Based on traditional use only.

#### **Dosage**

Over 18 years: 1 capsule daily with water.

Under 18 years: not suitable.

### **Format and Ingredients**

Violet soft capsule containing:

Lavender oil (Lavandula angustifolia Miller, aetheroleum) 80mg,

Category: Sleep and Travel

Manufacturer:

G R LANE HEALTH PRODUCTS

Pack size: 14

**RRP:** £7.16

Legal Status: (GSL)





