

Wellwoman Original



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
VITABIOTICS LTD
Pack size
30, 90
RRP
£7.95, £17.75
Legal Status
,



Uses



Format and Ingredients and %NRV

Capsule containing:

Starflower Oil 100mg, Evening Primrose Oil 100mg, Citrus Bioflavonoids 10mg, Beta-carotene 2mg, Vitamin D (as D3 400iu) 10µg 200, Vitamin E 30mg α -TE 250, Vitamin C 60mg 75, Vitamin K 90µg 120, Thiamin (vitamin B1) 10mg 909, Riboflavin (vitamin B2) 5mg 357, Niacin (vitamin B3) 36mg NE 225, Vitamin B6 10mg 714, Folic Acid 400µg 200, Vitamin B12 20µg 800, Biotin 50µg 100, Pantothenic acid 6mg 100, Iron 12mg 86, Magnesium 100mg 27, Copper 1500µg 150, Selenium 100µg 182, Chromium 50µg 125, Zinc 12mg 120, Manganese 2.5mg 125, PABA 30mg,



Dosage

Adults: 1 capsule a day with a main meal.