

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil plus Calcium



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

P&G HEALTH

Pack size

90

RRP

£10.99

Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil Blend 500mg, Of which Cod Liver Oil 153mg,
Providing Omega-3 Nutrients 120mg, Of which EPA, and DHA
100mg, Vitamin D 5µg 100, Vitamin E 10mg α -TE 83, Calcium
267mg 33,



Dosage

Adults: one capsule a day with a cold drink.