

# Seven Seas Omega-3 Fish Oil plus Cod Liver Oil plus Evening Primrose Oil Capsules



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
P&G HEALTH  
**Pack size**  
90  
**RRP**  
£12.42  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Capsule containing:  
  
Fish Oil Blend 650mg, Of which Cod Liver Oil 168mg,  
Providing Omega-3 Nutrients 200mg, Of which EPA 85mg,  
DHA 77mg, Evening Primrose Oil 200mg, Vitamin D 5µg 100,  
Vitamin B6 0.21mg 15,



## Dosage

Adults: 1 capsule a day.