

# Vicks Sinex Soother



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
PROCTER & GAMBLE  
(HEALTH & BEAUTY  
CARE) LIMITED  
**Pack size**  
15ml  
**RRP**  
£4.39  
**Legal Status**  
(GSL)



## Uses

Symptomatic relief of nasal congestion in association with a cold or sinusitis.



## Format and Ingredients

Clear liquid nasal spray containing:

Oxymetazoline hydrochloride 0.5mg/ml



## Dosage

Over 12 years: 1-2 sprays into each nostril. Maximum 2-3 times daily.  
Not to be used for periods of more than 5-7 consecutive days.  
Under 12 years: not to be used.