

# Vicks Inhaler



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
PROCTER & GAMBLE  
(HEALTH & BEAUTY  
CARE) LIMITED  
**Pack size**  
Inhaler  
**RRP**  
£2.50  
**Legal Status**  
(GSL)



## Uses

Relief of nasal congestion associated with allergic and infectious upper respiratory tract disorders.



## Format and Ingredients

Nasal stick containing:  
  
Menthol 125mg, Camphor 50mg, Siberian Pine Needle Oil 10mg,



## Dosage

Adults and children over 6 years: insert into each nostril, holding the other nostril closed and inhaling deeply. It can be used as frequently as needed. Under 6 years: not recommended.