

Arnica Bumps & Bruises Skin Salve Ointment

**Category**

Analgesics

Manufacturer

WELEDA UK LTD

Pack size

25g

RRP

£7.95

Legal Status

(GSL)

 **Uses**

A traditional herbal medicinal product used for the relief of muscular aches, pain, stiffness, sprains, bruises, swelling after contusions and minor sports injuries based on traditional use only.

 **Format and Ingredients**

Ointment containing:

Arnica whole plant extract 5%,

 **Dosage**

Adults and children: For muscular pain, stiffness, sprains, bruises and minor sports injuries: apply sparingly to the affected area with gentle massage three to four times daily. For contusions: apply a small amount immediately at the site of the injury.