

# Counter Intelligence PLUS | 2025



The training guide for pharmacy assistants



# Arnica Bumps & Bruises Skin Salve Ointment

#### **Uses**

A traditional herbal medicinal product used for the relief of muscular aches, pain, stiffness, sprains, bruises, swelling after contusions and minor sports injuries based on traditional use only.

### **Dosage**

Adults and children: For muscular pain, stiffness, sprains, bruises and minor sports injuries: apply sparingly to the affected area with gentle massage three to four times daily. For contusions: apply a small amount immediately at the site of the injury.

## **Format and Ingredients**

Ointment containing: Arnica whole plant extract 5%,

Category: Analgesics

Manufacturer: WELEDA UK LTD

Pack size: 25g

**RRP:** £7.95

Legal Status: (GSL)





