

# Lemsip Max Cold & Flu Capsules



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
RB UK  
**Pack size**  
8, 16  
**RRP**  
£2.69, £3.99  
**Legal Status**  
(GSL), (GSL)



## Uses

Relief of the symptoms of colds and flu, including the relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.



## Format and Ingredients

Red and yellow capsule containing:  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg,



## Dosage

16 years and over: 2 capsules every 4-6 hours. Maximum 4 doses in any 24 hours. Under 16 years: not to be given.