

# Gopo Joint Health plus Ginger

**Category**

Vitamins, Minerals and  
Nutritionals

**Manufacturer**

G R LANE HEALTH  
PRODUCTS

**Pack size**

150

**RRP**

£26.99

**Legal Status****Uses****Format and Ingredients and %NRV**

Gelatin capsule containing:

Rosehip 750mg, Vitamin C (ascorbic acid) 10mg, Ginger  
(Zingiber officinale) root extract equivalent to 250mg of dried  
root,

**Dosage**

Three capsules twice daily for 3-5 weeks. Maintenance dose:  
2 capsules twice daily.