

# Bio-Kult Boosted



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
ADM PROTEXIN  
**Pack size**  
30  
**RRP**  
£24.98  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Capsule containing:

Lactobacillus casei PXN 37, Lactobacillus plantarum PXN 47, Lactobacillus rhamnosus PXN 54, Bacillus subtilis PXN 21, Bifidobacterium bifidum PXN 23, Bifidobacterium breve PXN 25, Bifidobacterium longum PXN 30, Lactobacillus acidophilus PXN 35, Lactococcus lactis ssp. lactis PXN 63, Streptococcus thermophilus PXN 66, Bifidobacterium infantis PXN 27, Lactobacillus delbrueckii ssp. Bulgaricus PXN 39, Lactobacillus helveticus PXN 45, Lactobacillus salivarius PXN 57, Vitamin B12 2.5mg 100,



## Dosage

Adults: 1 capsule a day with food. Children 3-12 years: Bio-Kult Advanced is advised instead. Travellers: 1 capsule daily one week before and during travel and for at least one week after.  
For those using alongside antibiotics: 1 capsule daily, ideally at a different time of day to the antibiotic dose. Continue for at least 2 weeks after completion of the antibiotic course.