

**Category**

Vitamins, Minerals and  
Nutritionals

**Manufacturer**

SOHO FLORDIS UK LTD

**Pack size**

90

**RRP**

£12.45

**Legal Status****Uses****Format and Ingredients and %NRV**

Capsule containing:

Green Lipped Mussel Extract 350mg,

**Dosage**

Adults: 1-3 capsules daily with food. Three capsules a day are recommended initially for the first 90 days. After this period dosage can be reduced to 2 and then 1 capsule a day.