



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
SOHO FLORDIS UK LTD
Pack size
90
RRP
£12.45
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:
Green Lipped Mussel Extract 350mg,



Dosage

Adults: 1-3 capsules daily with food. Three capsules a day are recommended initially for the first 90 days. After this period dosage can be reduced to 2 and then 1 capsule a day.