

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil plus Garlic



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
P&G HEALTH
Pack size
90
RRP
£12.42
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil Blend 800mg, Of which Cod Liver Oil 408mg,
Providing Omega-3 Nutrients 160mg, Of which EPA 51mg,
DHA 69mg, Vitamin A 800µg 150, Vitamin D 10µg 160,
Vitamin E 2mg 16, Thiamin (vitamin B1) 0.55mg 15,



Dosage

Over 12 years: one capsule a day.