

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil plus Evening Primrose Oil Capsules



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
P&G HEALTH
Pack size
90
RRP
£12.42
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil Blend 650mg, Of which Cod Liver Oil 168mg,
Providing Omega-3 Nutrients 200mg, Of which EPA 85mg,
DHA 77mg, Evening Primrose Oil 200mg, Vitamin D 5µg 100,
Vitamin B6 0.21mg 15,



Dosage

Adults: 1 capsule a day.