

# Seven Seas Jointcare Complete



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
P&G HEALTH  
**Pack size**  
30  
**RRP**  
£18.64  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Contents of 2 capsules:

Vitamin D 10µg 200, Vitamin E 3mg ?-TE 25, Vitamin K 40 µg 53, Vitamin C 40mg 50, Calcium 200mg 25, Copper 0.5mg 50, Cod Liver Oil, and Fish Oil 950mg, Providing Omega-3 Nutrients 376mg, Of which EPA 174mg, DHA 138mg, Glucosamine sulphate 2KCl 674mg, Chondroitin Sulphate 90mg,



## Dosage

Adults: 2 capsules a day.