

# Seven Seas Omega-3 Maximum Strength

**Category**

Vitamins, Minerals and  
Nutritionals

**Manufacturer**

P&G HEALTH

**Pack size**

30

**RRP**

£9.99

**Legal Status****Uses****Format and Ingredients**

Capsule containing:

Fish Oil Concentrate 1105mg, Providing Omega-3 Nutrients  
640mg, Of which EPA 310mg, DHA 210mg,

**Dosage**

Over 12 years: 1 capsule daily.