

# Seven Seas Jointcare Max



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

P&G HEALTH

## Pack size

30 tablets + 30 capsules

## RRP

£22.72

## Legal Status



## Uses



## Format and Ingredients and %NRV

Capsule containing:

Fish Oil 615mg, Providing Omega-3 Nutrients 356mg, Of which EPA, and DHA 312mg, Fish Collagen 84mg, Vitamin D 10µg 200, Vitamin C 20mg 25, Tablet containing: Glucosamine sulphate 2KCl 1500mg,



## Dosage

Adults: 1 capsule and 1 tablet a day.