

Kira Menopause Relief



Category
Female Health and
Genitourinary
Manufacturer
PRECISION
HEALTHCARE
Pack size
30
RRP
£10.20
Legal Status
(THR)



Uses

Traditional herbal medicinal product used for the relief of symptoms of the menopause, such as hot flushes, night sweats and temporary changes in mood, based on traditional use only.



Format and Ingredients

Film coated tablet containing:

Black Cohosh Rhizome and Root Dry Extract (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) 6.5mg, equivalent to Black Cohosh 29.25-55.25mg, Extraction solvent: Ethanol 60% v/v,



Dosage

Women: 1 tablet daily taken whole with some water or other liquid. Tablets should be taken at the same time every day and swallowed whole.