### Sudafed Congestion & Headache Relief Day & Night Capsules



#### Category

Cough, Colds and Sore Throat

#### Manufacturer

**JOHNSON & JOHNSON** 

(McNEIL)

#### Pack size

16 (12 daytime, 4 nighttime)

RRP

£4.99

#### Legal Status

(GSL)

# 🗘 Uses

Both capsules: For the relief of symptoms associated with the common cold and influenza, including relief of aches and pains, sore throat, headache, nasal congestion and lowering of temperature. Day capsule: also the relief of fatigue and drowsiness.

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### Format and Ingredients

Red/yellow (day) and dark blue/light blue (night) hard gelatin capsules containing:

Day capsule:Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg, Night capsule:Paracetamol 500mg, Phenylephrine Hydrochloride 6.1mg,

## Dosage

16 years and over: 2 red/yellow capsules every 4-6 hours during the day as required, followed by 2 dark blue/light blue capsules at bedtime. Leave at least 4-6 hours between doses. No more than 8 capsules in 24 hours. Swallow whole with water - do not chew. Under 16 years: not to be used unless recommended by a doctor.

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